

“3 DAYS CAPACITY BUILDING WORKSHOP”

IBA SINDH FOUNDATION PROGRAM (SFP)- BATCH 2015

January 23rd – 25th, 2015 Youth Development Centre (YDC), Punjab House, Murree (Punjab)

A journey by bus is definitely an amusing experience. The students of Sindh Foundation program- Batch 2015 got the rare opportunity of visiting Murree. The 3 days **‘Capacity Building Workshop’** sponsored by the Punjab Educational Endowment Fund (PEEF) IBA Karachi & Government of Sindh was attended by the Sindh Foundation Program students of Batch 2015 from 23rd to 25th January, 2015. The objective of the workshop was to train the SFP Students for the Soft Skills and Personality Development (Communication, Leadership, Thinking, Presentation Skills, Psychological Assessment / Personality Profiling). This training was held at the Youth Development Center (YDC), a state of the art, residential training facility in Punjab House, Murree. The trip was accompanied by the Coordinator – Dr. Zeenat Ismail (Professor, Department of Social Sciences & Liberal Arts).



A 3-day journey, that has left its mark on the students, started off with full excitement on January 23, 2015. Speakers from diversified fields came over to enlighten the students and gave a new direction so as to channelize their vision. Outdoor activities like Snow Fighting, Walk of Punjab house, Visit to Suzo Park & Mall Road etc. gave the students an ample chance to enjoy to the fullest. Firsthand information was provided to students on different topics related to Future of Pakistan, Civil Military relations, Team Management Skills, Confidence Building, examples were also shared with the students to how to develop their skills to improve the personality, communication Skills, and confidence level.

GLIMPSE OF THE YDC WORKSHOP, MURREE



Session with Mr. Malik Jawad Saboor on Management Skills



Visit to the Suzo Park, Murree



Session with Dr. Khalid Zaheer on Islam



Session with Ms. Sidra Zulfiqar on Communication Skills and Confidence Building



Visit to Mall Road, Murree



Session With Mr. Waqas Rasheed on Civil & Military Relations of Pakistan



Outdoor activity at the Punjab House Murree



Session with Dr. Amir Jaffery on Communication Styles



Session with Muhammad Saleem Ahmad Ranjha on E-Learning